



**runtastic**  
makes sports funtastic



# Heart Rate Combo Monitor

for Smartphones



works with  
runtastic sports & fitness app

Compatible with both:  
Bluetooth® Smart  
and Bluetooth® Smart Ready  
devices.

Easy to Use

OPEN

- runtastic Heart Rate Combo Monitor
- runtastic App



Package Contents

DOWNLOAD



runtastic App

START



Duration  
30min 20sec  
Heart Rate  
145  
Distance  
5mi/km ...



Smartphones\*  
Health Clubs & Gyms  
runtastic Equipment

Now you can connect your smartphone, cardio and runtastic equipment with the runtastic Heart Rate Combo Monitor!

After your workout is finished, upload your results to [www.runtastic.com](http://www.runtastic.com). Here you will get detailed information, accurate statistics and you can share it with the community.



share your workouts



5.3 kHz

KEY FEATURES OF THE AWARD WINNING RUNTASTIC FITNESS APP:

- Distance
  - Duration
  - Speed
  - Pace
  - Heart Rate zones
  - Calories
  - Elevation gain/loss
  - Interval training
  - Voice feedback
  - Listen to music
  - Live tracking (friends can follow you)
  - Cheering from friends
  - All data is tracked & saved
  - and more ...
- Languages:  
- 18 Languages (App)  
- 10 Languages (Web)



\* Works with iPhone 4S and higher versions. Compability list at [www.runtastic.com/products](http://www.runtastic.com/products)

Art. Nr.: RUNBT1

NOTES:



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**runtastic**  
makes sports funtastic



# Heart Rate Monitor

for Smartphones



works with  
runtastic sports & fitness app

Works with Smartphones:  
iPhone, Samsung,  
BlackBerry,  
Nokia, HTC,  
LG, ...

Easy to Use

### OPEN

- runtastic Heart Rate Monitor Chest Strap
- runtastic App



Package Contents

### DOWNLOAD



runtastic App

### START



Duration  
30min 20sec  
Heart Rate  
145  
Distance  
5mi/km ...

- Download the runtastic App
- Activate receiver in the setting tab
- Start training

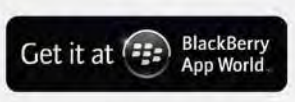
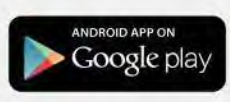


After your workout is finished, upload your results to [www.runtastic.com](http://www.runtastic.com). Here you will get detailed information, accurate statistics and you can share it with the community.



## KEY FEATURES OF THE AWARD WINNING RUNTASTIC FITNESS APP:

- Distance
  - Duration
  - Speed
  - Pace
  - Heart Rate zones
  - Calories
  - Elevation gain/loss
  - Interval training
  - Voice feedback
  - Listen to music
  - Live tracking (friends can follow you)
  - Cheering from friends
  - All data is tracked & saved
  - and more ...
- Languages:  
- 18 Languages (App)  
- 10 Languages (Web)



Works with smartphone: iPhone, Android from 2.1, BlackBerry 5.0, 6.0, Windows Phone 7  
For a current list of supported smartphones visit [runtastic.com/products](http://runtastic.com/products)

Art. Nr.: RUNDC1

### NOTES:



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**runtastic**  
makes sports funtastic



# Sports Armband

for Smartphones



works with  
runtastic sports & fitness app

Works with:  
iPhone, Samsung,  
BlackBerry,  
Nokia, HTC,  
LG, ...

## PACKAGE CONTENTS



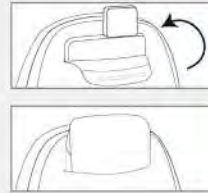
Adjustable Armband



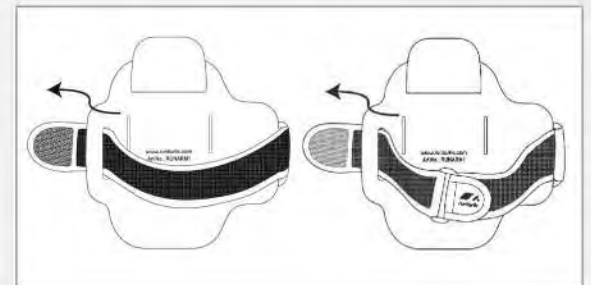
Bag



Fits most common Smart-phones including iPhone, LG, Samsung, HTC, Blackberry, ...



- 1 Lightweight, elastic, with protective neoprene construction. Ergonomically designed for fitness activities
- 2 Reflector
- 3 Key and moneyslot
- 4 Full navigational control through clear, protective window cover
- 5 Earphone cord storage system
- 6 Foldout protective cover for runtastic receiver
- 7 Earphone and receiver connection system
- 8 Adjustable armband fits arms 20 to 31 cm / 7.9 to 12.2 inch.
- 9 Extensions available for larger arm sizes at selected stores or at [www.runtastic.com](http://www.runtastic.com)



Art. Nr.: RUNARM1

## NOTES:

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# GPS Watch with Heart Rate Measurement



works with  
runtastic sports & fitness portal

Easy to use!  
Long-Life  
Battery.

## PACKAGE CONTENTS



GPS Watch



Chest Strap  
2.4 GHz coded



USB Cable



Handlebar Mount

## FUNCTIONS

### Time

Time & Date · Timer · Alarm · Dual Time · Battery Indicator

### GPS Workout Training Mode

5 training profiles can be selected. With the Smart Screen Function you can define 3 profiles with 9 functions each.

23 functions to choose from e.g.:

- Pace/Speed (Current, Avg., Max)
- Distance, Altimeter, Position
- Heart Rate (Current, Avg., Max)
- 4 Training Zones with Alerts
- Calorie Consumption
- Training Time, Incl. In/out Zone Time

### Compass

Electronic Compass which works even without GPS

### Nightlight

Permanent EL-Light function available

### Battery

- High Performance Lithium Polymer Rechargeable Battery
- Battery lifetime: 14 hours in GPS mode; 1 year in watch mode

Workout Mode



Compass Mode



Training Data



With the **runtastic Connect** software it is simple to upload all tracked activities to the **runtastic** fitness website. Connect the **runtastic GPS Watch** via USB to your computer and all activities will be transferred to your profile at [www.runtastic.com](http://www.runtastic.com). Here you can access all your important fitness statistics and graphs and edit details as desired.



The **runtastic GPS Watch** records all important workout parameters including pace, laps, calories, distance, heart rate, speed, duration, as well as altitude and target heart rate zones.

Art. Nr.: RUNGPS1

## NOTES:

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# Speed & Cadence Sensor

for Smartphones



works with runtastic sports & fitness app

Compatible with both: Bluetooth® Smart and Bluetooth® Smart Ready devices.

Easy to Use

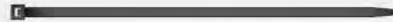
# PACKAGE CONTENTS



Road Bike App



Speed and Cadence Sensor



4 x Cable Ties



Rubber Clamp



Speed Magnet



Cadence Magnet

Mounting Accessories



Duration  
30min 20sec  
Heart Rate  
145  
Distance  
5mi/km ...



With the runtastic Road Bike App and the runtastic Bluetooth Speed and Cadence Sensor your smartphone turns into a professional cycling computer and all your activity data are tracked.

Works with iPhone 4S and higher versions. Compatibility list at [www.runtastic.com/products](http://www.runtastic.com/products)



## SEVERAL FEATURES OF THE RUNTASTIC ROAD BIKE APP - YOUR PERSONAL FITNESS COACH:

- GPS-Tracking
- Speed
- Avg. Speed
- Max. Speed
- Cadence rotation p/m
- Distance
- Duration
- Calories
- Heart Rate
- Avg. Heart rate
- Elevation gain
- Elevation loss
- Altitude
- Music Player
- Voice Feedback
- Cheering
- Time
- Map View (incl. offline map)
- Multiple users possible
- Training History
- Interactive Screen
- etc.



Art. Nr.: RUNSCSI

## NOTES:



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# Bike Case

for iPhone 4 / 4S / 5



works with  
runtastic sports & fitness app

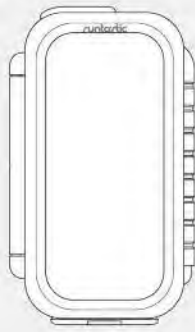
For iPhone  
4/4S/5

Easy to Use

## PACKAGE CONTENTS



runtastic Road Bike App



Bike Case



Mounting Bracket



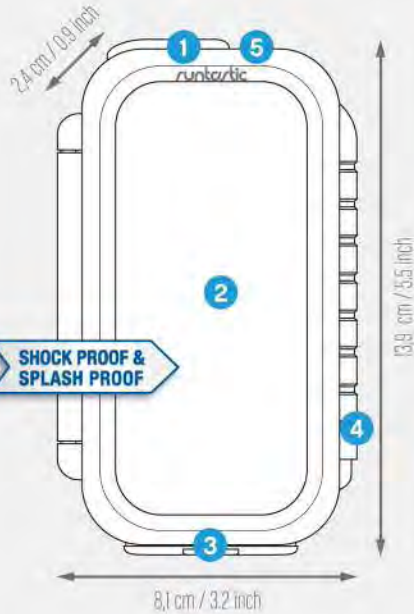
Foam Supports for iPhone 4 / 4S

TOOL FREE MOUNTING

4 x Gable Ties



Home Button Supporter

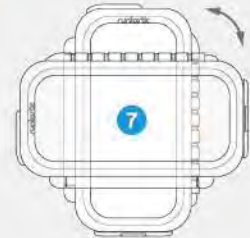
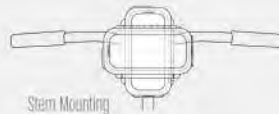
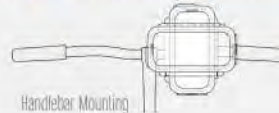


- 1 Opening for earphone plug and runtastic receiver
- 2 Screen protector
- 3 Opening for external battery
- 4 Security lock
- 5 Button to operate the keylock
- 6 Universal mounting bracket for handlebar and stem
- 7 Portrait and landscape mounting

## iPhone 4, 4S and 5

Make your smartphone to a full cycle computer. The runtastic Bike Case together with the runtastic Road Bike App makes it possible.

## WORKS WITH ALL KIND OF BIKES



## SEVERAL FEATURES OF THE ROAD BIKE APP - YOUR PERSONAL FITNESS COACH:

- GPS Tracking
- Speed
- Avg. Speed
- Max. Speed
- Cadence rotation p/m
- Distance
- Duration
- Calories
- Heart rate
- Avg. Heart rate
- Altitude
- Elevation gain
- Elevation loss
- Music player
- Voice feedback
- Cheering
- Time
- Map view (incl. offline map)
- Multiple users possible
- Training history
- Interactive screen
- etc.



Fits for iPhone 4, 4S and 5. Compatibility list at: [www.runtastic.com/products](http://www.runtastic.com/products)

Art. Nr.: RUNCA11B, RUNCA11W

## NOTES:



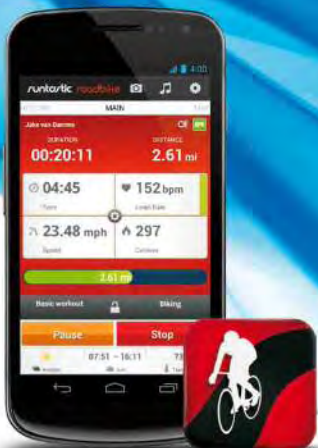
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# Bike Case

for Android Smartphones



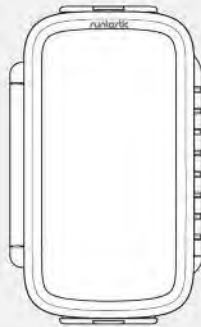
works with  
runtastic sports & fitness app

Fits for Samsung  
Galaxy and  
many more

PACKAGE CONTENTS



runtastic Road Bike App



Bike Case



Mounting Bracket

TOOL FREE MOUNTING



4 x Cable Ties



Foam Supports



- 1 Opening for earphone plug and runtastic receiver
- 2 Screen protector
- 3 Opening for external battery
- 4 Security lock
- 5 Universal mounting bracket for handlebar and stem.
- 6 Portrait and landscape mounting

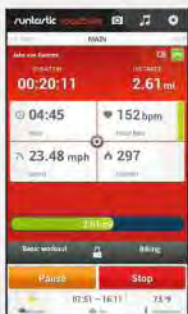
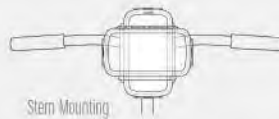
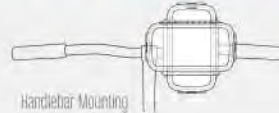
Make your smartphone to a full cycle computer. The runtastic Bike Case together with the runtastic Road Bike App makes it possible.

Works with

Samsung Galaxy S / S Plus / S II / S III / Y / Nexus / Nexus S / Ace  
HTC One X

Compatibility list at: [www.runtastic.com/products](http://www.runtastic.com/products)

WORKS WITH ALL KIND OF BIKES



SEVERAL FEATURES OF THE ROAD BIKE APP - YOUR PERSONAL FITNESS COACH:

- GPS Tracking
- Speed
- Avg. Speed
- Max. Speed
- Cadence rotation p/m
- Distance
- Duration
- Calories
- Heart rate
- Avg. Heart rate
- Altitude
- Elevation gain
- Elevation loss
- Music player
- Voice feedback
- Cheering
- Time
- Map view (incl. offline map)
- Multiple users possible
- Training history
- Interactive screen
- etc.



Art. Nr.: RUNCAA1B, RUNCAA1W

NOTES:



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# Sport Gloves for Touch Screens



works with  
runtastic sports & fitness app

Touch gloves for capacitive  
touch screen  
devices



Available in these sizes



Sport Gloves  
for Touch Screens

## DETAILS

The new **runtastic sport gloves**, with metal fibres makes it possible to operate the touch screen of your smartphone. Now it is easy to use your **runtastic apps** in the wintertime.

## MATERIAL

- 55% Tencel
- 10% Wool
- 13% Polyester
- 8% Spandex
- 14% Conductive Yarn

Art. Nr.: RUNGLS1, RUNGLML1

## NOTES:

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# Battery Case



For iPhone 4/4S

## PACKAGE CONTENTS



Battery Case

## Power Dock Sync

The runtastic Battery Case extends the life of your iPhone battery by many hours. It is perfect for long fitness activities (10+ hours of hiking, biking, ...). The runtastic Battery Case also serves as a protective case, an integrated On/Off key and an integrated USB cable, so there is no external cable needed to charge battery. Thanks to the sync function you can always stay up to date on how much battery power you have left.



Synchronize & Charge



x2 Running Time with Built-in Battery



Docking



## TECHNICAL SPECIFICATIONS

- Li-polymer battery: 1700 mAh
- Input: USB/DC5V-500mA max
- Output: 30 pin/DC 5V-500 mA max
- Net weight: 88g / 3.1oz
- Compatible for iPhone 4 and iPhone 4S
- Integrated USB cable
- Ideal for long fitness activities

Art. Nr.: RUNBATT1

## NOTES:



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makes sports funtastic



# Head Sensor BT runtastic



USE IT WITH YOUR SMARTPHONE  
Bluetooth SMART  
5.3 kHz  
WORKS WITH CARDIO EQUIPMENT



works with  
runtastic sports & fitness app

Compatible with both:  
Bluetooth® Smart  
and Bluetooth® Smart Ready  
devices.

## PACKAGE CONTENTS



Bluetooth



Helmet Head Sensor  
BT runtastic

Bluetooth  
SMART



Heart Rate  
Combo Monitor



runtastic App

## FEATURES:

- BT system with microphone and audio earpads
- Adjustable ventilation
- Twist stop goggle retainer
- 2D-Fit system
- Integrated liner windshield

Available in these Sizes:

- M/L (56-59) 395g
- XL/XXL (60-63) 425g



## Helmet technology runtastic

HEAD's safety award-winning SENSOR helmet is an all-rounder for every terrain. It is safety, comfort and clever features characterize the helmet runtastic, one of the most popular fitness apps for smartphones, adds yet another feature to the helmet. The outcome is the most innovative, emotional, safe, and fun helmet for the upcoming winter season.



## KEY FEATURES OF THE AWARD WINNING RUNTASTIC FITNESS APP:

- Distance
- Duration
- Speed
- Pace
- Heart Rate Zones
- Calories
- Elevation gain/loss
- Interval training
- Voice feedback
- Listen to music
- Live tracking (friends can follow you)
- Cheering from friends
- All data is tracked & saved
- and more ..

Languages:

- 18 Languages (App)
- 10 Languages (Web)



iPhone, Android from 21, BlackBerry 50, 60, Windows Phone 7  
For a current list of supported smartphones visit [runtastic.com/products](http://runtastic.com/products)

Art. Nr.: RUNHEL2, RUNHEL3

## NOTES:

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